

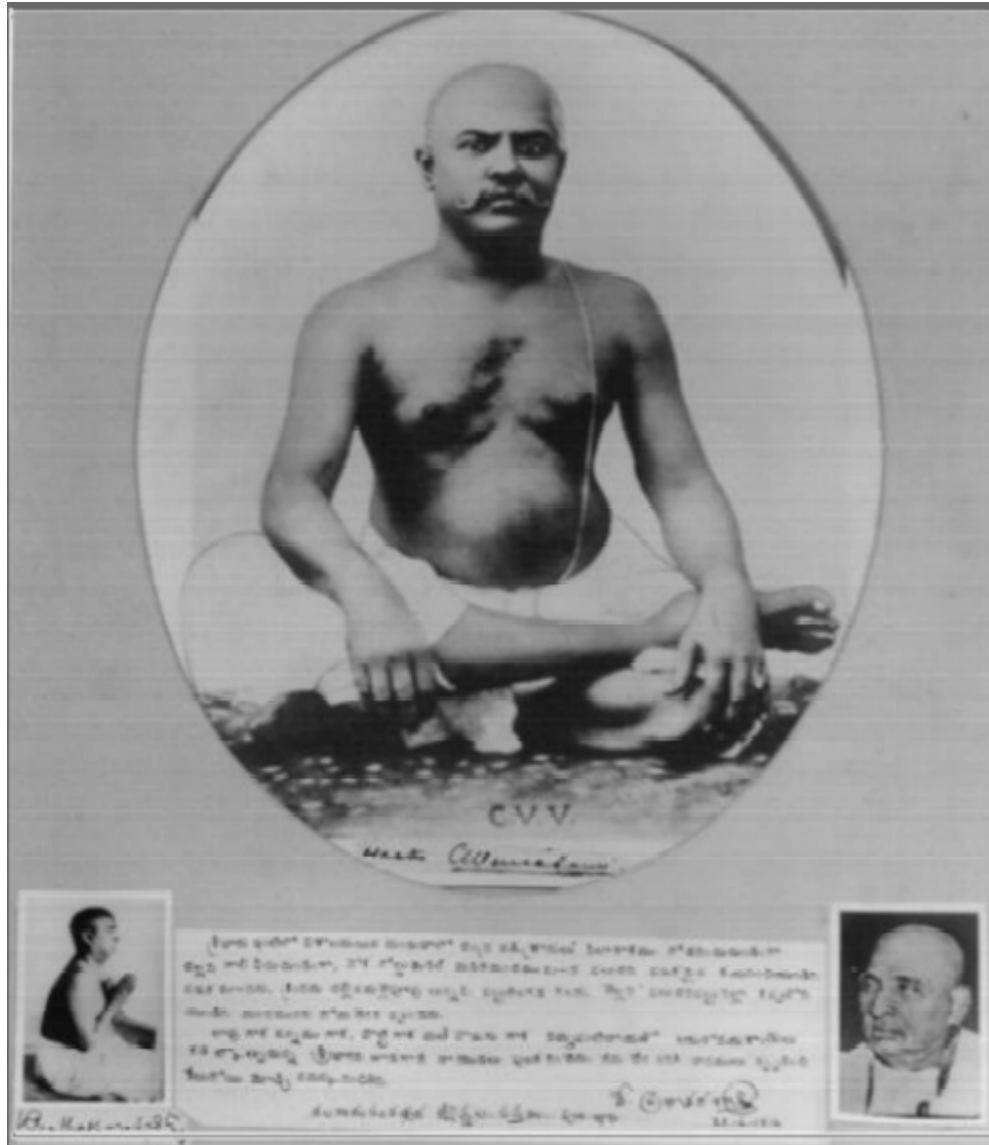
New Yoga

Bhrukta Rahita Taraka Rajayoga

Do you wish to conquer the Death?

Yes

How?



People in the Photo: Top: Master CVV; Bottom: Sri.Veturi Prabhakara Sastry(Left: In prayer,Right: Close up)

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Table of Contents

1. Why the New Yoga?	4
2. What is New Yoga?.....	6
3. Who started the New Yoga?.....	6
4. When the New Yoga was started?	7
5. Why it is started in Kumbakonam?	7
6. What is the procedure for practice?	7
7. Where can I do Yoga practice?	8
8. How to practice the New Yoga?.....	9
9. How to do Inner Observation?	10
10. What happens after starting prayer?	10
11. Who can do the New Yoga?	11
12. Is there any fees for this Yoga?.....	11
13. What are the Rules?.....	11
14. How to know one' s Development?	12
15. Are Courses, etc., necessary now-a-days?.....	12
16. Important Instructions	13
17. Warning.....	14
18. Literature	15
19. Copy Rights.....	15
20. Greatness of the Initials C.V.V.....	16
21. GREATNESS OF SRI. VETURI PRABHAKARA SASTRIJI.....	17
22. For more details Contact :	21
23. MOST SEVERE WARNING.....	22

Why the New Yoga?

Each human being possess one Kundalini i.e., one Atom/molecule which is responsible for the human body. The molecule stands in between the bowels place and urinary system of the physical body. It carries Karmic Effects from birth to birth. At present the previous sins are expressing in the form of diseases and troubles. These diseases neither diagnosed nor cured by the doctors. Eradicating and evaporating such diseases and troubles and mental and psychic disorders and prolonging their life and preventing death i.e., **Physical Eternity** is one of the aim of this yoga.

The scientific world started inventions in atomic physics in 1941, in nuclear physics in 1961, in quantum physics in 1990 (approximately).

America, Japan have done the experiments in atom. Raymond Davis Jr., Riccardo Giacconi belonging to America and Masatoshi Koshiba of Japan were awarded Noble Prize. Carl Sagan, Pulitzer Prize winner and Arthur Clarke have also written books on atom.

The American President Bill Clinton's Scientific Advisor Dr. Krishna gave an interview to Newspaper Eenadu in 2001. In that, one atom is the cause for human birth. It is giving diseases to the human body. If it is rectified, man will live eternally on this earth without death and rebirth. It is repeated by the American President Bill Clinton also.

Recently our Andhra Pradesh Chief Minister, Sri. Naara Chandrababu Naidu, also expressed the same view in the inauguration of the Genome Project at Hyderabad.

Master CVV said in 1910 that one atom is the cause for human birth. It carries so many sins from birth to birth. It gives so many difficulties and diseases to the human bodies. If the atom is rectified, man will stand eternally with this physical body without disease and decay.

After 60 years the scientists are telling now the Master CVV wordings. In around 1930 the average life of a human being was below 30 years. MASTER CVV said, "the manthras like Ambrosia were spread in the cosmos. It is working in the cosmos." According to the Master's wordings the Ambrosia is spreading on the

human beings without their knowledge. Therefore, the present average life of a human being is raised to 60-80 years.

Seeing all these things we can know how MASTER CVV got such information, i.e., atom, sun, earth, stars and planets, from the Creator. He explained about all these in his literature.

After seeing all these things, don't you think that MASTER CVV should have honoured with the Noble Prize. Unknowingly, MASTER CVV was deprived. What kind of honour can be justified to such a person who showed the way to conquer death to the common people?

By mere love of Master you are all permitted to reach a stage of development. Uninterrupted, steady and devotional practice is essential for a period of 10years.

All the highest powers and siddhis ever craved for in the old Yogas are also obtained by this practice and something more which has been never dreamt of i.e., the upkeep of this physical system in full consciousness without decay. (Advice by Master CVV on 17th December 1917)

Even though the food quantity is less the system(body) will not be too weak. The organs will work proper and will not show decay state so as to show 30 years strength in ordinary life. Controlling effect will act. Thought form will act correctly. If a thought is given it will have effect.---D.Pg.452.

It teaches the methods of first preserving this physical cage, from any sort of decay by the pressure of the planets, and to observe in full consciousness the daily workings in your physical system (body) and to gain all knowledge little by little in physical consciousness.

The secrets and the causes of creation are taught here in a simple manner to make one a wise man, however ignorant or poor one he may be. Ways are being paved to give all wisdom during family life itself without discarding it to be without disease, old age and death. Not only we but also those who are closely associated with us will enjoy these fruits.

This is started for the above reasons with the objects of making all human beings without any exception to realise the LORD (GOD) within this physical body through the wisdom revealed by Kundalini in a conscious state and make them adepts by enabling them to clear their doubts through internal interpellations. (1st July 1910, Independence Declaration)

Six kinds of contracts are working in this line:

1. Plenty of life.
 2. Plenty of life in conscious state in the present life.
 3. The present body without decay.
 4. Without figure change.
 5. Re-calling the Dead.
 6. With all conscience reaching the Deluding.
- (D.Pg.417, Dt.30th November 1920)

What is New Yoga?

It's a Yoga in which the practitioner do meditation with concentration and inner observation, which gives Physical Eternity to one who practices it with devotion, diligent faith, and utmost care following the rules and regulations.

Master gave explanation to Yoga on 1st July 1917. "Yoga is a sort of inner development i.e., meditation. To be in meditation is activity".

The Creator named His Yoga as "**Bhrukta Rahita Taraka Rajayoga**" i.e., Bhrukta means hidden. Hidden means previous births' karmic effects. Rahita means eradication. Taraka means superior. Rajayoga means one should not leave his family life. He/she may practice the New Yoga without discarding the family life, need not be a sanyasi.

In olden days 64 Yogas are in existence. This is the 65th Yoga. All the information is given in scientific manner. So this yoga is named as New Yoga or Scientific Yoga (Independence Declaration Dt. 1st July 1910, ML.Pg. 1 to 3) and also called as Kundalini Yoga, Sathya Yoga and Practical Yoga. Pathanjali called this Rajayoga as Astanga Yoga.

At the time of birth, the prana i.e., stability enters in to the body in the form of air. Life prevails until the air stands in the physical body. If the air goes out, the physical body remains without life i.e. death occurs. The air moves in the body through nervous system. The present nervous system is breakable one. If it is burnt death occurs.

At the time of practice unbreakable nervous system will be formed as inner tube in the present nervous system. After the completion of the new nervous system formation, the stability i.e., prana or air never goes out of the present body. It rotates in the body. After the completion of this process the body will remain eternal i.e., without decay and figure change.

Who started the New Yoga?

Sri Canchupati Venkat Rao Vencaswamy Rao started this New Yoga at Kumbakonam. His forefathers hailed from Krishna District in Andhra Pradesh to Tanjore Maharaja's Estates and settled at Kumbakonam and SriRangam. He

was born on 4th August 1868. Tuesday at 10.20 A.M. in Dhanista Star second quarter in Kanya Lagnam.

His first Atom tried to conquer death since 16,000 years. Lastly, the Creator sent M.T.A to help and guide Sri Vencaswamy Rao to conquer death. After sometime, he is called as MASTER C.V.V.

He diagnosed on 1910 itself, 4,448 diseases are there in the cosmos. Even now, the present doctors do not know about these number of diseases. Master cured Cancer on 13th August 1915. At that time no one knows this disease (Cancer) in the world. He scanned the human body on 8th December 1910. The scanning was known to the medical world only in 1970s. He conquered the death in four occasions. He invented one Eye defect as Boltha caution eye. Nobody knows the effect of Boltha caution eye. But Master CVV has given treatment to that disease and cured. MASTER CVV has taken One point from one crore and divided that point into one crore and taken one point from that and has given treatment for that eye defect (minutest part of the disease). We consulted many Eye specialists and they said, "It is not possible for us to tell now about this. It may take 20 more years to discover the same".

When the New Yoga was started?

MASTER CVV started this New Yoga at about the year 1900 in Door No.64, East Dabir Street, Kumbakonam, India. He declared this Yoga to the public on 30th May 1910 at 8.30. P.m. This day is called Link with Origin Day.

Why it is started in Kumbakonam?

Demons and Divine persons churn the milk sea. From the milk sea Ambrosia came out. Who takes inside he has no death. That Ambrosia Pot was kept under the Kumbheshwara Swamy Temple at the time of construction of the Temple at Kumbakonam (Tamil Nadu). It is said in the history of Kumbakonam. The aim of the Yoga is conquering the death. Therefore, the Bhrukta Rahita Taraka Raja Yoga was started in Kumbakonam by Master C.V.V.

What is the procedure for practice?

The Chief thing you all will have to observe during your daily course of practice is what is going on in your system with concentration. Disciples can sit in any posture as they like to practice the same. All should attend to the practice fully

after taking bath and breakfast. The religious practices should not be done, you should not utter other mantras. One has to practice daily three times. In the morning in between 4 to 8 A.M. and in the evening 6 to 8 P.M.(Local Time) for 45 minutes and at the bed time a review prayer (45 minutes practice does not apply to review prayer).

At the time of Review Prayer one must think what actions he has done from the morning up to that time. In that, if he has done any actions against the Rules, Regulations, Leaving Truth and Dharma. It has to be put forth to the Master and request Him to excuse for that I may be rectified. I won't do hereafter such things. Please excuse me. Again if you happen to do such things, Master will come and instruct you not to do such things. In this manner Master will rectify you.

The Sun controls the whole cosmos from 4 A.M. to 4 P.M. The Moon controls the cosmos from 4 P.M. to 4 A.M. One prayer removes the one birth's karmic effects. Prayer must, be done without break and flaw (i.e., without deviating the rules and regulations of Master C.V.V. Minimum 10 years prayer practice is essential. (See Master's literature).

Where can I do Yoga practice?

The places are intended for practicing are such places as quoted here only for practice and other purposes, such as garden and room should be very decent and very convenient with nice smells, Garden is intended for this purpose. Do it as you like to select any of the two. ML. Pg.28.

We should not pray in an unsanitated areas, where unsympathetic, unmannerly and unbelievable people gathered. The prayer room should be kept very carefully clean and tidy. There should be nice smell but not virulent. Then only the Aura will come out from the room. The Aura will digest, indigestible things i.e., the previous karma will be evaporated. Room should be kept very carefully by our guidance without any noise.

Special: There should be no special noise here. ML. Pg.3

The room should be, as neat as possible for producing aura once more, as the indigestible aura being digested to a degree three thousand four hundred and nine point five nots by nine. ML P289. But it is better to call such persons (not using stimulant persons) to your room centered with (Aura) in order that they may practice with the power of utilizing instructions. Then they will feel currents with development. ML.P.423. To consider same it scientific that their conscience look will be nice and decent to them to obey orders of mine. If any of you suggest me to look before you leap, I shall be glad to let loose the same to your aura. ML.P.547.

The practice is to be done in a semi-dark room so that you may see the visions. If the bright light is there, you cannot see the visions. Therefore, semi-dark room is preferred for practice. (Mahatma's Letters(ML).Pg.174).

Practice should not be done in a bare ground. Practitioner must sit on a carpet or blanket or any other non-conductor material.

How to practice the New Yoga?

You must declare today that you will practice without fail for a period of ten years. Take Initiation from a developed person who is already practicing sincerely as per Master's rules and regulations. Give a thought as per prayer guidelines and do inner observation.

If any practitioner is not getting any development please contact by E-mail: avsacharyulu@rediffmail.com or avsacharyulu@mastercvv.com or munikumar@mastercvv.com . They will guide you for your further development.

Prior to the commencement of Prayer you have to come fifteen minutes in advance and sit or lay down as per your convenience for prayer and watch Master's Photo at the center of his eyes, if photo is not available sit calmly, without having any pre-conceived notions in mind. (D. Page 135)

With a good will you have to pray like this (You must give thought as follows, only once in your mind, DO NOT utter loudly and DO NOT repeat it)

Prayer:

Master CVV Namaskaram

Please make the entire Universe and myself Happy. The past and present karmic effects be evaporated. Atom is the cause for my birth. The Atom carries sins from birth to birth. The sins are giving troubles and diseases. Any defects in this Atom, is to be rectified and I must get immediate relief. I must stand as Physically Eternal with flesh and blood in this birth only but not in the next birth.

Master should descend with physical body and establish eternity on this earth. Namaskaram.

Request:

If any one is feeling weak or with any ailment, then one must lay down and pray:

1. Saying his diseases should be rectified immediately
2. If any one is feeling weak, he must pray like this "Master please supply Plenty of Prana and Vigor". Immediately one will get relief.

How to do Inner Observation?

We have to observe the divine power which touches our head, from there it circulate around head turn goes to eyes, later right shoulder from there downwards, later upwards, further from left shoulder towards down and upwards direction next it enters heart, lungs and reaches Kundalini through alimentary canal. The Kundalini is situated in between urinary track and anus as a minute particle (atom). This will be done through nerves. Very very minute movements will be there. This we have to observe. This power will shake Kundalini to that extent of withstanding capacity of practitioner. From there that power will work as if using a synergy. Mahatma to Master explains how to observe this with inner and it is available in Diary Page No.354, 355, 414.

To observe while practicing:

1) Top head up to brows. 2) From eyes round the head up to chin. 3) Neck and shoulders. 4) Heart front. 5) Stomach. 6) Intestines. 7) Kidneys and column. 8) Penis and seed.

1) Cerebrum* Top; 2) Below intellect portion*; 3) Heart*; 4) Navel*; 5) Abdomen*; 6) Seed*.

* means observe the above placed and the working will be known then and there in the physical system, for that purpose * is used.

What happens after starting prayer?

When the practitioner begins practice, a jerk in the body will come to his knowledge after that, vibrations will show in his body. MASTER CVV said that there are 30,000 of vibrations. In that any type of vibration may come to him. Physical postures may come to his knowledge. Sometimes a sort of current shocks will also be noticed by him. Some may get visions also which belongs to past, present and future. Some incenses may come in symbolic ways. If you wholeheartedly pray i.e., meditate with concentration the above things will happen to the sincere and regular practitioner in his conscious state. In other yogas, Samadhi state is the highest state, experienced in unconscious state. At that he/she may not know what happens in his/her body. But in this yoga, the practitioner will know everything in his/her physical consciousness. That is the specialty of this yoga. If you have total belief in this yoga, you will get full relief. That indicates your development in yoga. MASTER CVV said, Practice makes

perfect. Therefore, one must practice without break, without flaw, with diligent faith, with pure heart. At some times development will also occur suddenly according to their previous birth's development.

Who can do the New Yoga?

The **whole humanity** as per the desire of Master CVV **without caste, race, creed and religion** are eligible to practice the New Yoga. You must have determination to practice without fail for a period of ten years.

Except the persons with following qualities / habits:

Non-vegetarian, Alcoholic, cigar, cigarette, other stimulant articles using person, characterless people, wretched fellow, Ridiculous, Unfaithful, Hidden tempers, Uncultured, Jealous & misbehaving, feeble minded man of haughty temper, Anger tendency, Egoism, Suspicion, Emotion, Tit for Tat, Giving up dharma, Self-boasting. (See Master's literature) (ML.Pg.180 and other places).

Is there any fees for this Yoga?

- No initiation fee.
- No subscription fee.
- No treatment fee (Free treatment for all types of diseases and prayogams).

What are the Rules?

- Should be above the age of 12. (For treatment purpose, it would not apply)
- In case the applicant is a dependent on his parents their permission is necessary.
- In the case of married ladies the husband's permission is necessary. (If divorced woman wants to live with her husband to lead happy life, she may also pray).
- In the case of unmarried ladies, parents or guardian's permission is necessary.
- Should be solvent.
- Should be free from worries (Can request Master to help him to make him worry free)

- Should not be addicted to any questionable ways or habits of life (see Imp.Instructions-3)
- Must have the determination not to give up the practice for a period of 10 years at least.
- Should desist from practicing Pranayama, and chanting Bijaksharas (Gayathri excepted).
- Religious practices should not be done.
- Should not utter OM or other manthras

How to know one' s Development?

You must observe your success in your requests. If 100 requests were made to MASTER CVV only 10 fulfilled then it means 10% developed. If 90 fulfilled then it means 90% developed and must try to find why the other 10% went wrong and should try to clean our selves to attain 100% fulfillment.

The gradual increase of your development shows by means of showing authentic expressions recouping to your brain causing treatment to patients. (ML. Vol-I Pg.251)

That the power of utilizing for diseases and all treatments in order that they may be cured; so the development of the karma disease must be attended to any, after you reaped adequate development with full of powers. (ML. Pg.262-263)

We must develop ourselves with the help of Master and gain "Hinting Bore" sight to note our own progress.

Are Courses, etc., necessary now-a-days?

There is no necessity to repeat the course names etc., because they are completed by Master and mediums. It is said in Master's Notes Volume 2 and 4.

The working has been completed and it is waiting to a level expecting the opportunity to show the progress, need not have any doubt. (Master's Notes Vol. II, Page 36, Dt. 7th November 1920).

In another place:

1. Practicing i.e., names giving completed by Master, MTA.
2. Advising through mediums
3. Direct.

2 and 3 had to act hereafter. (Master's Notes Vol.IV, Dt. 11th February 1922)

Therefore, there is no necessity now-a-days to repeat the Course names, Regulations, Olidere, Equinox and Breathing principles.

Unknowingly doing this, you are not going to get anything. According to Master's rules, you must pray only with the name of Master CVV but you should not add any name prefix or suffix the name of Master CVV. Equinox course is not given by Master CVV. He never Prayed. He never gave to Mediums. Unauthorized and unknowing persons are doing this. Master said, I am giving these courses according to their class advise. Now-a-days, you don't know where we are standing. In such a stage what is the use of giving course names to others to practice.

MTA said, "For your self development with Master CVV name has to be done".
(D. Pg.50)

1. On 30th November 1920 Master said, "Hereafter there is no practice to distribute to the mediums but let them practice Master's name morning two daily till the Truth motion shows in outer".
2. On 31st January 1922 Master ordered to meditate Master's Name. Namaskaram was shown to Master's servant Marimuthu.
3. If food quantity is less, the system will not be weak, organs working will be in proper. It will not show decay state. It shows 30 years of strength. Controlling effects will act. Thought form will act correctly. If a thought is given, it will have an effect. You can act as yes or no getting reply.
(see D. Pg.452)

Important Instructions

- 1) These rules are intended for the regular yoga practitioners only who wants to develop and eradicate his diseases and get eternity level. If he develops he may also do prayers to eradicate others' diseases also. Such powers will be granted to him by the higher authorities i.e., MASTER CVV, MTA, MAHATMAS AND THE CREATOR.
- 2) Who are suffering with chronic diseases or other diseases which are not curable by the doctors they may practice the yoga with devotion with diligent faith, with utmost care and with pure heart. Such people will get immediate relief by the blessings and grace of MASTER CVV.
- 3) If any person is having bad qualities such as alcoholic and others, they may also pray with an apology letter to MASTER CVV stating that hereafter he will not do such unmannerly things. If the practitioner has got MASTER C.V.V.'s photo, the letter may be kept at His feet and he can do practice. If he is not having any photo of MASTER CVV, he may place the letter on the table and pray for his rectification and development. Certainly such persons will also get relief and development.
(From 1918 MASTER C.V.V.'s Diaries)

Warning

All the yoga sadhakas/practioners are requested to be "Generous hearted and Sympathetic hearts of unanimous consideration" as per MTA version.

In this Yoga, "thought power is essential and inner observation is most essential, without these two no one can get any salvation". Leave off your false notions and try to come to the Master's path and do the practice i.e., meditation with concentration and inner observation and get development and conquer the death. --- MTA

Think all of your sounds run from throwing giddiness and never give value to it (Dairy Pg.435) Dt. 20th June 1921. We need not satisfy by sounds but to show in actions as living proof Dt. 20th November 1921 (Diary Pg.441). According to MTA's advise arrears of work was repeated (Dairy Pg.408).

Mere throwing, sounds won't help you. You should not satisfy with sounds. --- MTA. Therefore, **all are requested to stop practicing the courses, regulations etc., immediately.**

Don't give room for undeveloped and unworthy people's wordings. If you hear and follow their wordings, you wouldn't get any development. And you are not going to eradicate your diseases and others diseases. And you are not going to conquer the death up to the expectations of the Master.

MTA said, instructions are not pleasant but also to follow (ML.Pg.527). No member can think or show their deeds with their own action quite contrary to society (ML. Pg.635).

I want my opinion in this line and I don't want your opinion (D. Pg.222). I have not given you such power to make a man misguide or tell with your own motto. This is given to MASTER CVV by MTA (ML. Pg.264)

MTA has not given the powers to Master CVV to change the Rules and Regulations to misguide the sadhakas.

Some people are blindly telling without knowing the rules and regulations of MTA, our master told this and that and misguiding the sadhakas. It is false and against to the rules of MTA. If you hear their wordings and follow them, you are going to accumulate sins.

Lastly MTA warned those who violate the rules and regulations such of them to resign and to go back to their homes at once. (ML.Pg.551). Therefore there is no exception to any one to violate the rules and regulations.

Literature

In English

1. MASTER NOTES	Vol. I	Rs. 25.00
2. MASTER NOTES	Vol. II	Rs. 25.00
3. MASTER NOTES	Vol. III	Rs. 25.00
4. MASTER NOTES	Vol. IV	Rs.100.00
5. PLANETARY LEADING NOTES		Rs. 25.00
6. MASTER'S DIARY		Rs.150.00
7. MAHATMA'S LETTERS	Vol. I	Rs.100.00
8. MAHATMA'S LETTERS	Vol. II	Rs.100.00
9. MAHATMA'S LETTERS	Vol. III	Rs.150.00

In Telugu

1. PRAGNA PRABHAKARAMU		Rs. 20.00
2. PRAVACHANAALU		Rs. 20.00
3. Bhrukta Rahita Taraka Rajayogamu		Rs. 50.00

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MASTER CVV Yoga Centre Branch, Tirupati, India - 517507.

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We have given the above material authoritatively taken from Master's literature written by Him. Notations used: **ML**-Mahatama's Letters; **D**-Master's Diary.

Greatness of the Initials C.V.V.

Development by Practice of Master's name.

Those who are practicing with full confidence and faith with belief, surrendering their whole life and family with implicit obedience are guarded by the Direct line Origin.

Within 10 years they stand so as to distribute aura and will have life activity flow in Brain portions, and in the course of the progress treatments etc., could be able to use.

They should promise with strong determination that they would attend whenever Master asks them to work, to go whenever he bids, to do whatever He bids, without caring his dignity or convenience or loss.

This development is to observe how it works in a year and half period.

This Practice should be done in dark place. It will give postures and currential actions in the system.

Now a selection will be made from old mediums who have sight to this kind of development. But this will give a sort of half-minded unconscious state after the Practice or at times in a little uncontrollable manner. Once in 45 days the breathing will have a change and could be noted

Bloated body is not fit for this. If they are trained lifts will be given in treatment, materializing etc.

To get a medium to his development is rather a difficult one and so after having a selection, further instructions will follow.

Therefore there is no necessary to repeat course names like frogs in the well. Don't believe the wordings of unworthy and undeveloped people.

If you are hear, their wordings, you are not going to get Eternity according to the expectations to the Master C.V.V., you are going to fall in hell. Be careful.

GREATNESS OF SRI. VETURI PRABHAKARA SASTRIJI

Our Gurudev Sri.Veturi Prabhakara Sastri was born on 7-2-1988 Tuesday afternoon 12.20 p.m in Jyeshtha fourth Quarter in the Peddakallepalle Village of Krishna District of Andhra Pradesh.

He suffered so many varieties of diseases. He took all varieties of medicines. He did not get any relief. Lastly he decided to commit suicide in Haridwar.

At that time one day our Gurudev Sri Potharaju Narasimham garu (Medium number 123, who has joined with Bhriktha Rahita Taraka Raja Yoga on 30-1-1914) met Sastry garu accidentally at Madras (Chennai). He asked Sastry garu "Why you have become like this" Sri.Sastry garu immediately told his difficulties. Sri.Narasimham said, "I have joined One Yoga. You can also join this Yoga. Certainly you are going to get relief." Immediately he gave a recommendation letter addressed to the Master, Sri Sastry garu approached the Master at Kumbakonam with that letter and joined 'Bhrukta Rahitha Taraka Rajayoga' on 22-6-1916 at 6.00 p.m. His medium number is 330.

In those days test is taken by the Master. In the same manner test report of Sri. Sastry was also taken.

"This soul is an ordinary type of the first sort and **has passed 1731 births and is in the ladder of acquiring Gnana with Bhakti and though studied much in this birth and able to argue in bits in philosophy, he has no practical knowledge of any theories** nor does he like to go in for any. He was a prey to his present disease for the last 3 years which has grown up very gradually, and he was seeking relief for his complaint at this stage being **informed of the existence and curative power of this society; he was advised to seek help here which only can give him remedy** and with this idea he was brought up here. From this idea the second thought extended that after being relieved from his ailments and seeing the result to request afterwards if there is any way for salvation. With this idea, **he joined the society and if he finds any relief even minutely, he will work with faith and will follow instructions.**

He must be advised to continue practice for one month as per Masters personal instructions and after seeing the result to get advice either to continue practice or to undergo treatment".

Our Gurudev Sri.S.Sundaram is the superintendent (Medium Number 2 and he joined this yoga on 8-5-1910 M.L.635,740).

During those days superintendent's permission was necessary to see the Master. Without the permission of superintendent no one was allowed to see the Master. But Sastry garu was exempted because in his test report it is mentioned that Sastry garu is to be guided under the personal supervision of the Master whenever Sastri used to go to Kumbhakonam he used to discuss the Master directly.

Sri.Sastriji written his autobiography, in Telugu. In that he mentioned about all important conversations he had with MASTER C.V.V. It is published in English version also. The Master gave initiation and instructed him to follow.

"Enter in to the hall, lay down. Do Namaskaram and remember in your heart, the sacred initiated letters one time only. Close your eyes and observe what is going on in your body. If the mind is wandering outside, let it be, don't try to restrict yourself. That will come on it's own accord. Give a thought to observe as a witness. That is the only thing you have to do and it will not be possible to open, it will be closed for few minutes. Don't try to open your eyes. Even if you try to open your eyes it will be closed. When the needed action is completed in your body eyes will be opened. It is not possible to lay down with closed eyes and it is difficult to open your eyes and stand also'. Sri.Sastry got transfer to Tanjore Saraswathi Mahal Library from Madras Government manuscript library. He used to come to Kumbhakonam on holidays to discuss with Master CVV.

"When the cart is running, cart should be repaired. If cart is dismantled for repair, the cart drivers livelihood will be hindered. My yoga is such yoga.

It is not a ABDICTIV way. It is a Raja Yoga. You must live with family life. You should not become Monk. You should live happily. Daily you should take full meals etc.,.

You are thinking to be here with me. I am always in you. I will do the help whatever you want. How you are experiencing the movement in your body, in the same manner whenever you go it will be known to you the working in your body. Morning prayer will show its actions up to evening. How much action is to be given to your body, it gives that much action only, whenever you want.

In your body workings are coming through divine force, But not INANIMATE force. It won't work like electricity. If you use electricity beyond your limits and without regulation it will harm you. If you want to use the newly injected force beyond your capacity it won't work. How much your body bears it will do to your body. Only that much work will be done".

If you happened to be in travel on rail or in any vehicle or in walk or in any other occasion at exact time you must remember 'a second' in your heart (you should not sit and pray). You should not sit for prayer with empty stomach. After taking anything then only you should practice.

If any doubt arises without ascertaining the answers don't ask and write to me. You must write yourself for answers. If you don't get the answer at any cost then only ask me. Reasonable and proper doubts have arised for that according to their greatness of the questions if they try the answer will be known to them. IF it

is known through books, it may be known through close friends. If related inner activity. The yoga was started to know through the inner observation.

You must remember with discrimination, truth and righteous then see your inner and help deep inner you will get instructions what you require little by little how you are getting from where?

Master C.V.V. instructed Sastriji like this. “you and your wife shall sleep today night where I am daily sleeping on the bench in the yoga room”.

Next day morning Master asked Sastriji ‘Where you have slept?’ He replied, “I slept along with other friends in front of verandah and my wife slept along with other ladies”. Immediately Master said, “You have not followed my Instruction, Let it be. What is the specialty?”

I have no further time to talk with reverent worshipful Master.

Greatness of Sri. Sastriji.

1. Directly initiated by Master C.V.V.
2. Directly talking with Master C.V.V.
3. Whenever Sastriji wants to See Master C.V.V., he can directly go in side and see Master C.V.V. without the permission of the superintendent.
4. Master asked Sri Sastriji to come every Sunday from Tanjoor to Kumbakonam.
5. Master instructed Sastriji to sleep along with his wife where Master daily sleeping in the room on that bench.
6. Master gave such ambrosia wordings to Sastriji. He gave those ambrosia wordings to us to enjoy happy life.

Under the orders of Master C.V.V.

Sri. Prabhakara Mitra Mandali and Master C.V.V. Yoga Centers were established.

His residence was purchased and the old building except where Master C.V.V. had prayed was reconstructed. We are conducting our congregations in that room and residence only. Master prayed for 22 years in that room. He said that there is “Aura” in that room and it will rectify indigestible things also. Seeing this so many people including foreigners are also coming and praying in that “Aura” Room and got relief and development. Now we request you all come to Kumbakonam and to pray in the place where Master C.V.V. had prayed without deviating from Master’s Rules and Regulations and to get rid off difficulties and eradicate

your diseases and live happily with this physical body as eternal in this birth only, not in the next birth.

Route to Kumbakonam:

From Chennai(Madras) to Kumbhakonam there are plenty of buses. Limited trains are from Egmore Railway station.

Those who are wishing to come by car, they may come via Chennai-Chengalput-Dindivanam before reaching the Villupuram, there is board way to Tanjoor near one bridge take left turn, then go straight without taking any diversion via Panrooti-Nyveli-Vadaluru-Sethiathopu-Kumbhakonam. Near Kumbhakonam bridge take left turn immediately take right to reach Master's house i.e., No.64/65 East Dabir Street(Keel Dabir Theru) where Master C.V.V prayed for 22 years.

There are three boards, one in Telugu, one in Tamil and one in English. It is near Nehru market.:

The board is like this:

**MASTER C.V.V. Yoga Centre,
Sri Prabhakara Mitra Mandali,
MASTER C.V.V. Yoga School, College, University,
No.65 East Dabir Street, Kumbhakonam-612001**

This booklet is available in Telugu, Kannada, and Tamil languages also.

For more details Contact :

Sri. A.V. Srinivasacharyulu(See.Saw),
Master CVV Yoga Centre Branch,
Sri Prabhakara Mitra Mandali,
No.12, Ramulavari North Mada Street,
TIRUPATI-517 507, Chittoor District,
Andhra Pradesh, India.
Telephone No.0877-2228814.
Web: www.mastercvv.org
Email: avsacharyulu or munikumar @mastercvv.org



MOST SEVERE WARNING

ORIGIN gave a severe warning to the mediums and to Master CVV in the following manner.

“You must come to a conclusion that you can observe the working. You must know the above i.e., the past, present and future tense (Trikalamulu).

In every tense it is changing as a scientific knowledge.

You must know, permission means in between three minds. First is mind. Second is intellectual. Third is astral. This is essential permission.

In the above three minds, when occasion arises the three will reveal the following three. First is NO, second is YES, and third is NOT.

First, you all hear me what I am telling. You should not give thought as MTA gives. If you give such thoughts you will get negative thoughts. You must come to that point only but your mind has not such determination and firmness.

At that time the way entered below the earth. From there saw the upper portion to know the physical body’s strongness and astral body’s strongness. At that time in the upper portion like physical decay figure was appeared. Immediately through that way one astral growth came down.

Immediately I thought what it is, why because like this? Immediately I have got a reply like this. There is no strong determination in the cosmos. Therefore it is like this. We can see the upper portion afterwards. In that determination I have experienced all.

I want to go up for further work. I want to have way, for that I have created the way and came. I want to give reply to my Master. I asked two questions mercilessly. I saw one round from the creation of man. It is a wonderful way to see further. I will give you such a power to see wonderful things with your eyes. The MTA gave instructions to give consent that who is willing to join in this society. To give such order mind, intellect, Buddhi, these three gave more power to me. I have already expressed this. More and more powers I am getting, my strong determination and will power and my practice.

I will give some more powers to your Master. I will instruct him to develop you all. But you are thinking that C.V.V. is an ordinary man. If Master gives lower forces violating my rules, then you can think in your mind with alarm. Then you will know the truth. You should not think in lower thought about your Guru. You must give regard in all respects. I won’t give orders your Guru to be in a lower grade. In the same way, I don’t give you orders, you are all to be above or equal to your Guru.

You are under the lower ebb. For your status, you must behave with alarm. Then only you will be under the control of your mind.

**These rules bear in your mind. I think you will follow the practice i.e., the following are not depends on your previous birth's karmas.”
M.L. Dt. 15-09-1911.**

Therefore all are requested not to call anybody as Master. In this yoga, Master means MASTER C.V.V. only. Always hell gates are opened. If you call anyone except C.V.V as Master, you and your family will enter into the hell like a rocket permanently. You won't come back to the human birth and you won't get eternity according to the expectations of Master C.V.V. Don't call here after any one as Master. Be intelligent. Be careful. Don't give value to unworthy people wordings.



Sri. Veturi Prabhakara Sastri garu