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FORE WORD



My friend Sri Sreenivasacharyulu has asked me to write a foreword to this book "Notes of Master C.V.V." my only qualification being that I am a direct medium of the Master. Though I feel diffident to undertake the task set for me, I write the following few lines in deference to my friends wish. Since the present publication is the first volume of the notes it may be expected that some more volumes will follow in due course. These publications are intended for private circulation among the votaries of the "NEW YOGA".

The notes are Master's own. They are original. They are authoritative, authentic and autobiographic or self revealing. The basic principles of "Bhriktha Rahitha Tharaka Raja Yoga," their aim, the mode of their working and guide lines for their practice are enunciated therein by the Master.

I remember these notes were given and explained by means of diagrams by the Master to his mediums personally during the general calls of 1917, 1918 and 1919, at Kumbakonam and also taken down by some of the mediums.

"Practice makes a man perfect." is an old axiom which is too true. We practice this Yoga, to become "Perfect". In the true sense of the term. Perfection as such is only an ideal now. It will become a reality only by the "Practice" of the New Yoga presented by the Master.

This practice is a discipline by it self. It require regular consistent and devoted observance of set rules issued by the Master.

Introspection and stock taking of individual subjective experiences during practice and comparing them with those of fellow practitioners and mediums periodically is necessary to see how far we have advanced towards realisation of our aim promised by the Master.

We feel we are entering into a significant period in our yogic life. The publication of these notes which have been lying dormant in the private records of the Master and some of his mediums synchronises with the beginning of the eventful period. Master indicated to us, his mediums on several occasions that an opportune time would come to understand and appreciate the meaning and significance of his notes in the light of experiences during practice. The time envisaged by him seems to have arrived. He has fitted us with the requisite equipment and given us insight by the various practices he had prescribed for us. It is for us now to avail of ourselves the opportunity understanding him for our own benefit and the benefit of the world at large.

May he bless our efforts and help us to attain the Cherished goal ere long.

Madras
28.5.84

J. Chandra Sekhara

A FEW WORDS

The Hallis Comet appeared in 1910. Sri Master C.V.V. had peculiar experiences. He had underwent change from 27th May 1910. At last on 30.5.1910 at 8.30 P.M. the power in the comet entered into his body. Hence he used to conduct May Calls from 27th to 31st May every year till he left the Physical. Likewise, he conducted December Calls from 31st December to 1st January every year. There were always big gatherings. He used to say that he alone had authority to conduct calls. These were link days. The Master had link with Origin at 8.30 P.M. The notes were written by the Master himself after he had link with the Origin and what he had received from the Origin.

Sri A.V.Srinivasacharyulugaru brought to me a copy of the printed book on 28.5.1983, one of the link days, and requested me to write a few words. On seeing the notes, of my Master, I was very much thrilled. I did not have words to write.

The Master gave us, the Mediums, some of the material duly printed, some duly typed. I have given away the notes of the Master to Sri N.R.B.V.Ramamoorthy son of Late Sri N.R.B.Venkatachalamgaru. They were not written by the Master. They were written and typed by Sarvasri D.Mahadeva Aiyar and C.Radhakrishna Pillai garu and given to us with permission of the Master. The notes printed now is different. It was written by the Master himself. It has a special significance.

The Notes are very secret. It is invaluable. They should not be used beyond the limits laid down by the Master. It should be read secretly. No one should write explanatory note or comment on the notes. It should not be given to any undeserving person.

Sri Acharyulu told me that there are nearly two hundred note books. I pry to Master C.V.V. to give strength to Sri Prabhakara Mitra Mandali, Tirupati to Print the notes, other materials and distribute carefully to the followers of the New Yoga.

28-5-1983

V. Rudrapathy
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ONE WORD

Sri P.S.R.Sarma, one the disciples of Sri Mynampati Narasimham Panthulu garu, told me that his guru informed him that books relating to the courses they had done would be available to them. He asked them to preserve the books at Piduguralla and practice all the courses. Hence I have handed over to Chi.P.S.R.Sarma all the notes written by Our Master C.V.V. I do not have any thing. They are in English and not understandable. Since I have no faith in them. I have given away the notes. I have also given away the course books etc., which my husband Prof.Potharaju Narasimham Panthulu garu had practiced when he was alive.

The notes and diaries written by Master were sold away by his wife and his first daughter-in-law to small shop keepers since they did not know the value of them. My husband, knowing this, brought them from the vendors by paying Rs.50/- and preserved them. He kept them with the hope that they would be useful when the Master returned. He did not give them to any one. He allowed them to be copied down.

In Piduguralla all the courses are practiced with the help of the books. I was also taken to that place. Whether courses are practiced or not; there is no necessity. By mere uttering word "Rama" many persons have attained Bliss. We are reading stories how great people have performed Tapasya and faced difficulties. Even Sri Krishna did not escape the curse. Unless we suffer from sins done in the past lives, God will not reveal to us. Master C.V.V. has practiced and given us Briktha Rahitha Tharaka Raja Yoga so that we can get rid off the sins committed in the past lives within a short period. Blessed are those who practice the Yoga.

8-5-1983

పా. సత్యమ్

ONE WORD ABOUT MASTER'S DIARIES

I am extremely happy to see Master's Diaries in print. So far Master's Notes only was printed by Sri Srinivasachari. And now all the 24 volumes of Master's Diaries are printed in one book. This is a great venture of Acharyulu garu. My ambition was to print these 24 volumes in original in offset printing. It may be Masster's will, that they should be printed like this by prabhakara Mithra Mandali of Tirupati.

This book contains excerpts from confidential Diaries of Master C.V.V. in his own hand. They show how hard he strived day and night for ten years for fulfilment of his aim. It is said that he expressed the view that He can complete the work even with a single medium who can be sincere in his effort. That means He stressed on quality but not quantity. His daily practice and programme from 1912 to 22 and who co-operated was recorded in these diaries, pin pointing to the dates, hours and minutes. There were some gaps here and there, may be due to either not writing the diary or volumes pertaining to that period not available to Sri P.N.

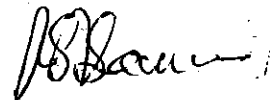
These diaries along with other Yoga litterature were with Sri Potharaju Narasimham Panthulu garu from 1922 to 1968 till his demise. How he got them into his custody is not known, though there were so many versions. It was Master's blessing that I was very near and dear to him in his last days, just like he was near and dear to Master. Mrs P.N., Smt Satyamma garu was so magnanimous that she accepted to part with this treasure, to make it available to posterity.

Master had bestowed on me the choice of being the custodian of his records for fifteen years. Sri Srinivasacharyulu garu persuaded me for two years to allow him to print Master's Diaries and other literature. Finally circumstances led to make me accept publication of Yoga literature, since time has come as per Master's view. Acharyulu garu started printing this Yoga literature in 1983. This Yoga literature, which was in Master's own hand, hidden for sixty years, was brought into the hands of interested Yoga friends, with the herculean effort of Sri Srinivasachari.

Now this heavy volume of Master's Diaries from 1912 to 1922 has come out in a Supreme style since it is of Supreme Master. I congratulate Sri Srinivasachari for his successful venture, and appeal our Yoga friends to encourage him. I pray Master to bestow health, strength and vigour on Achari Garu to continue his efforts.

VIJAYAWADA,

25-07-1993.



(P.S.R. SARMA)

Preface

The One Point i.e., Mahatma selected Sri Kanchupati Venkat Rao Vencaswami to execute One Point views, rules, regulations, instructions, bodily development courses and Planetary regulation Courses despatched through M.T.A. The M.T.A. acted as a Post-Messenger between these two (One Point and C.V.V.). After sometime, the Post-messenger (MTA) became a Master (GURU) to C.V.V. After a very strenuous efforts, the One Point conferred a title to C.V.V. as "MASTER". In this Yoga Line "Master" means "Master CVV only". (see diary dt. 7.1.1915). As per one point's view anybody should not be called as "Master" in this Yoga. If anybody uses the name as "Master", it is wrong and sham act,

"Now, the present Yoga which you are lucky to enjoy is quite different from the old" (see supplementary instructions dt. 17.12.1917).

Sri Veturi Prabhakara Sastri garu was the ardent disciple of revered and worshipful Master C.V.V. who dragged me into this Yoga line. I am a very lucky man. Sri Sastriji's association was very peculiar to me. He came as a Head of the Department of Telugu to Sri Venkateswara Research Institute and Oriental College, Tirupati, during the academic year 1939-'40. At that time I was a student in Sanskrit section. In my student life, I was a most mischievous student. As soon as Sastriji entered into the College, I told to my class-mastes, "One small baby elephant came to our College". After a few days, those words reached Sastriji's notice. Immediately in the next class, he called me near and asked "Have you told like that?" I replied "Yes". Immediately he shouted me, how dare are you to call me as "small elephant"? Afterwards, he told, "if I give a slap on the cheek, you will come to know the power of a Teacher". I replied boldly the truth what I have uttered. But I did not say lie. After this event, Sri

Sastriji took his right hand to my cheek to take a kiss. He has appreciated my behaviour and that dragged me into his fold. From that date onwards, I am very close associate to Sri Sastriji.

We use to go daily to his house both morning and evening for our studies. There was a small photo where Sri Sastriji sits, prays and teaches us the lessons. There are three letters in that photo i.e., C.V.V. We often used to request Sri Sastriji, "who is this gentleman in this photo". "What is the significance of these three letters C.V.V. Sri Sastriji replied, "he is my husband and he left his physical, therefore, I am not having any ritualistic symbols on my forehead". Again we asked him, "Is there a husband for a man?" He replied that "it will be revealed later". About these three letters, he used to say as Somaiah, Bhimaiah, Venkaiah, Ramaiah etc., but he never revealed the original name.

After sometime, he asked us to sit and close your eyes and do prayer to God. If we asked "whom we have to Pray". He replied, "You do not think of any God, simply sit, close your eyes, pray and observe what is going on inside your body".

Gradually, we are accustomed to attend Prayers both morning and evening. I was not regular to the Prayers. I have to go to temple as a priest to assist others (who brought me up). After taking meals at about 8 O'Clock (night) he used to come to my house by walk as it is very near to his house. He asked my wife "where is Devudu". She replied "he went to temple". Sri Sastriji tells her, "tell him that your lover came to see you" and he returns to his house.

After coming from the temple, my wife used to tell that father (Sastriji) came to call you - go immediately. I used to rush to his house with some flowers. At that time, he was taking rest. When I simply keep the flowers on the bench or cat, the fragrance of the flowers reaches him and says that "some one is suffering and his suffering is troubling me", do prayer for his relief as I have already exhausted" When I

immediately replied "what is the use of doing prayer other than you, and the relief should come to the sufferer". Sastriji said, "there is no difference between your prayer and my prayer and the act is being done by some unknown person". Even at that time also, he never revealed the original name.

When I close my eyes and start doing prayer, I happen to see the sufferer and the manner of ailment and relief what he requires. It will be intimated to Sri Sastriji. Then he says, "it is adjusted". After this incident, Sastriji receives two telegrams "one is for his suffering and another is adjusted". It is very peculiar in the nature. When he asked to see immediately, I was telling that I saw this instance. After that he named me as "SEE SAW" (सि सा) He had a special impression on me and thought that he is more useful to the Yoga line.

On the blessings of Sri Sastriji, I experienced the Creation theory; when the soul was despatched, the time and date, how it is descending to the Earth, when it enters upon the male human body, the time and date, how it rotates in the body and when it enters into the female body, date and time. All are noted and put forth to the Sastriji's notice. After this incident, I became very very close to him.

Of late, with the blessings of the revered worshipful Master C V V and my Educational and spiritual Guru Sri Sastriji, I am able to witness the departure of the soul from the physical.

The 'One Point' gave assurance of "6 contracts to Master C.V.V. The Master experienced these "six contracts". In that contract "prolongation of life and recalling the dead" are mentioned. Now a days the one point and Master are executing their contracts. We are witnessing the same with the grace of Master C.V.V.

He used to ask us to Pray to eradicate the other's diseases and ailments. He closely observe the process. He finds very much happy.

On account of Sastriji's close association, I have more touch with the other mediums of Master C.V.V. Sri Sastriji oftenly goes to Madras for Radio talk and other things. I used to accompany him.

The names of the 23 mediums:-

<u>Medium</u> <u>No.</u>	<u>Name</u>	<u>Date</u>
3,	C.Venkamma garu.	8.5.1910
46.	S.Narayana Iyer garu.	27.4.1913.
55.	K.Vaidyanatha Iyer garu.	29.4.1913.
123.	P. Marasimham garu.	30.1.1914.
271.	N.Raghunatha Iyer garu.	26.6.1915.
29313.	V.S.Pranatharthihara Iyengar garu Thathi.	3.6.1916.
350.	T.S.Sankaralah garu.	11.8.1916.
330.	.V.Prabhakara Sastry garu	22.6.1916.
407.	A.Narasinga Rao garu.	30.12.1916.
406.	Dr. V.Chandrasekhara Sastry garu.	31.12.1916
430.	Padmanabha Modaliar garu.	14.2.1917
5216.	V.Mahalakshamma garu.	17.4.1917
614.	Dr. T.Janakiram garu.	10.8.1918
647.	R.Seetharamalakshamma garu.	24.8.1919
648.	Dr.T.Venkata Rangam Naidu garu.	31.8.1919
650.	N.R.B. Venkateshchalam garu.	23.9.1919
675.	V.Rudrapathi Pillai garu.	30.2.1920
683.	P.Sathyavathamma (Sathyamafayanamma) garu	12.4.1920
686.	V.Venkataramana Rao garu.	24.4.1920
619.	Kaja Saradamba garu.	22.7.1920
728.	Justice P.Chenchaiah garu.	18.9.1921.
731.	M.Kalidas garu.	25.12.1921.
742.	Kappaganthula Meenakshamma garu.	30.12.1921.

As far as our knowledge goes, except Sri Sastriji and Sri Sankar Iyer, the other medums were not properly understood the aims and objects of ONE POINT'S VIEWS.

The following mediums and their disciples have violated and deviated somehow or other from the path of One Point.

Sri V.Venkataramana Rao.M.No.686. He always depended upon Nadi verses translated from Tamil to English and he used to distribute the same to co-mediums and others. This is nothing but violation of Master C.V.V.'s orders.

Secondly, he used to depend upon the Comet according to the Nadi.

Sri S.Narayana Iyer. M. No.46. He also joins with the above medium .

The Master left his physical on 12.5.1922, almost all the mediums became corrupted and violated the instructions and rules and regulations of one point.

Smt. C.Venkamma Garu (better half of C.V.V.) M.No.3, She has deviated from the path of One Point rules and regulations (see date 24.2.1922, Master letter to K.Satyanarayana Murthy M.No.627) as follows:-

".....To use the room as the sacred place of meeting where all meet for practice and silent prayer..... No bhajan or any such ritualistic prayer or worship should be done. You must know that ours is the line of True Knowledge".

But she commenced offering harathy, Archana, Bhajans singing songs at Kumbakonam where the Master got the Yoga in the room itself. Because she happens to be Transmedium (T.M.) "Transmediums are of the lower grade has the capacity to work from 01 to 30 breathings" as per the One Points view. If you can go through in this volume, you will come to know the facts (date 29.10.1915).

One day Master said to the Mediums in the following manner. You have joined in this Yoga as a medium not through Nadi. You have started referring the 'Nadi' only after you became my disciple. For which reasons, you have become my disciple. with the same reason you ought to follow me. My words are with my own Authority; but not from any other source. You should not judge me and my works basing on the

'Nadi'. You should not give utmost importance to read the 'Nadi' - Don't read.

Sri N.R.B.Venkatachalam garu, M.No.650, He has deviated from one Point's rules and regulations. He relied upon the "Kaka Bhujandar Nadi". On the basis of that Nadi, he sends some verses and translations to the then living mediums. They used to sit at Madras and they will tally with the Indian ephimaries. If it is not tallied, they became disappointed. They used to waste their time.

The Prayer form which Master C V V gave to his mediums was totally changed and distributed to his disciples. He himself declared a Master against the rules of One Point (Dt.7.1.1915 of this volume).

Sri T.S.Rama; nujam garu one of the disciples of Sri N.R.B.V. deviated from the path. He introduced the Equinox with a special significance. But in the Master's Diaries from 1910 to 1922, He has not mentioned and he never did prayer as a special one. On the basis of his ignorance, he started this Equinox prayer. Now-a-days, all are blindly adopting the Equinox prayer without applying their mind.

Sri N.R.B. Rama Murthy garu, adopted son of N.R.B.V. also deviated the path of One Point. He introduced a new form of Prayer called "Narbhavi" and "Maravasi"..... He used to explain to his friends that "C" is equal to 3, 'V' is equal to 21 and 'V' is equal to 21 in total 45. This numerical magical way he is wasting his precious time without inner observation.

All the Yoga friends gathering at Kumbakonam and other places are not having any inner observation, even they won't sit as per the Orders and Wishes of the One Point for 45 minutes. It is admitted in their pamphlet of Yoga ^{Laya} Mitra Sangam (Regd.) 1992 December Call Page No.3 reads as follows:-

"Dear friends! For many decades we have been doing the Yoga practice and yet, none of us (medium of NRBV) to our knowledge so far have attained realisation. Let us ponder deeply

and find out the causes and try to rectify ourselves. Let us at least now learn to love one another and earnestly try to look within and take care for the advancement of our Atman in view of Masters views stated above in Pragna Prabhakaram". In another pamphlet of Yoga ^{laya} Mitra Sangam (Regd.) Kumbakonam, 126 Birthday Celebrations of Master C.V.V. 1993 May Call Page No.2 read as follows:- "Master CVV is an avatar of Parabrahman and He alone is capable of giving us independence from the effects of Trimurthis and Planets. Other aspirants have failed because they were born under this influence of Planetary Forces under the Control of Trimurthis and Trick Centre. As this Yoga was started by Master CVV who is a Avatar of Prabrahman, there can be no failure to this New Yoga". This is also contrary against the Principles of One Point. (See in this Vol. dt. 14.11.1912 as follows:-) "If any one discusses or compares with the above trinity, they will be permanently banished".

In Andhra also the corrupted form of Prayer came into existence.

Sri M.Narasimham Panthulu garu, M.No.655. He also deviated from the Path of One Point and he himself declared as Master and he also changed the Prayer form and he gave his own Prayer. He has also introduced the ritualistic form of worship. One point said "using of stimulants are hinderance to the Yoga Line" (See dt. 28-11-1910) I doubt the fact may not be known to him. ^{M.T.A}

Sri Brahandam Kutumba Rao of Bapatla, one of the disciples of Sri M.N. also deviated from the Path of One Point. He thoroughly changed the prayer form and distributed to his disciples. The corrupted form of prayer prevailing throughout the Andhra region.

In many places like Kurnool, Adoni, Ballari, Urayakonda, Hindupur, Vijayawada, Anantapur, Visakhapatnam, Hyderabad ^{WARANGAL, CHITTOOR} and other places, they are deviating from this line.

Sriman Ekkirala Krishnamacharya garu deviated from this

line. He has given a Prayer form of his own. It is not connected in any way to the Master's Yoga principles. It is quite different one. The Master said on 24.2.1922 in a letter to Sri K.Satyanarayana Murthy, M.No.627 - "to use the room as a sacred place of meeting where all meet for practice and silent prayer". No bhajan or any such ritualistic Prayer or worship should be done. You must know that ours is the line of true knowledge". And in another place where Master said, on 2.3.1919 at 10.5 am Regarding Jagga Rao "in this Yoga there is no Virakti Marga to follow. No pranayama practice". The whole group of E.K. are following his wrong principles. It is against to the rules, regulations and wishes of one Point. One Point said using of stimulants are hindrance to the Yoga line (Dt.28-11-1910)

Sri Sarvari garu is also deviating from the One Point path and violating the rules and regulations mentioned in the Master's Diaries. His followers are also adopting the same principles.

Sri J. Ghantappa garu of Adoni and Smt.Sow. Sannamma garu and others are also deviating from the path of one point. They are mainly depending upon the phenominal views and auto-writings and heresay words. Who are having this kind of behaviour, they will be banished from the society as said by the Master on 28.1.1915 as follows:-

"During your Prayer time if you happen to witness before your eyes as phenomena, details of certain things pertaining to you or others or future events, you should not treat them as truth. If you write anything during practice time, you should not say it is written under the orders of the Master. You should not practice as per the basis of heresay accounts or seeing the others writings". They are following their phenomnas and autowritings unknowingly.

Sri K.V.Krishnacharya garu of Kurnool is also deviating from the path of One Point and following the path of Adoni people. SRI DV HANUMANTHA RAO, WARANGAL also totally deviating MASTERS line.

Sri Kondacharya of Ballari is also deviating from the path of One Point Line. He and his followers are following the Kumbakonam (NRBV) path in some occasions and sometimes following Adoni and Kurnool path.

Sri P.Chandrasekhara Raju garu, Chittoor and his disciples are also deviating from the path of Master C.V.V. They are also using stimulants which is against to the wishes of the Master. I requested them several times. But they deaf-eared my words. Moreover, they said, these stimulant matter was not mentioned by Master. Srinivasachari keeping us in mind, he is creating and propogating. After hearing this, I have included this point in our Annual Master's Birth Day invitation. I strongly warned them not to use stimulants. They are regularly going to Kumbakonam to Pray in the Master's Room. On 28.11.1910 M.T.A. gave instructions to Master as follows:- "The desirability in the way of practising my instructions can also have the better permission of taking out the consideration, to improve their bodies by means of development in this way. But for the stimulence they have, it will not be visible for sometime, what they are expecting for development, but in course of time, after they feel the currential movements in the bodily functions, but the currents are passing of and touching the nerves system, the result of their unexpectability, in obtaining no result is only the course of stimulence which they have attained. Further, I also propose that they should not use stimulent things, if so, be in this manner of using the same, it will take some more time, in addition to that time fixed unanimously. But it is better to all such persons to your room centred with aura, in order that, they may practise with the power of utilising instructions. Then they will feel currents with development."

Last so many years they are going and practising in that room. But they never rectified so far. According to Master's version, the inner deposited foreign matter does not permitting them to come out from this stimulence to reach higher levels. It applies to all who are using stimulent.

In all other places they are following according to their own convenience.

After seeing all these deviations and disobedience to the Master's orders, we think that Master's diaries should be published to open the eyes of the blind followers who does not know the real path.

For the above purpose, we have approached Sri P.S.R. Sarma, garu of Vijayawada to give Master's Diaries for publication. At first he bluntly refused to give the notes. Second time also he refused to give. At the third time he gave the Master's notes.

Sri P.S.R. Sarma wrote in his 1993 Master CVV Briktha Rahita Taraka Raja Yoga Samachara Patrika page 7, "third tiem when he put forth his request I accepted. I do not have sufficient reasons, why I refused and why I accepted afterwords". Like that the Master's literature that was kept secret for nearly 60 years was given out for Sadhaka friends at large. Master's notes and His diaries are being published by Sri Srinivachari garu."

My Guru Sri Sastriji, tried his level best to go through the Master's literature. He Being a disciple of Master C.V.V. not succeeded. I am very lucky person. I think that I have born to publish the Mater's Notes, Diaries, Explanations, letters and whole literature with the full co-operation and help of Yoga friends who are mentioned in the Editorial Board and others. I am very much thankful to all of my co-sadhakas who are doing the Prayers daily in the right path of Master C.V.V. with the grace of Pranhakara Sastrigaru.

At present, we are publishing the diaries of Master C.V.V. from 26.7.1912 to 1.4.1922 only. In this volume, the following dated original material are not available with Sri Sarma also:- 23.12.1915 to 20.9.1916, 3.1.1917 to 17.4.1917, 16.6.1917 to 1.12.1917 and 2.5.1918 to 31.5.1918.

From 27.5.1910 to 25.7.1912 will be published later.

It contains huge important information about the Yoga Line and other things.

In that Volume we are going to discuss according to on Point's rules, regulations and it will be explained later.

The contents of the volume are as follows:

1. About M.T.A.
2. About Master C.V.V.
3. Anotomy
4. ASTROLOGY
5. Banishment
6. Breathing Principles
7. Brihta Rahita Taraka Raja Yoga
8. Chakrams
9. Courses
10. Diagrams
11. Divisions of Humah body
12. Formation of Human body
13. General Calls
14. Groups
15. Importance of "3" rd Manu
16. Instructions
17. Initiations
18. Kundalini
19. Line
20. Links
21. May Calls
22. Meridian
23. Merry & Chief Life
24. Names & Address of Mediums with date & Number
25. New Yoga
26. Pedigry of Man
27. Phisiology
28. Seven Planes
29. Regulations
30. Rishis
31. Self Adjustment
32. Sep1. Temp. Adjust.
33. Sights
34. Tem. Adjustments
35. Transmediums
36. Treatments
37. Warnings and etc.