

MASTER C. V. V.

Master is a very benevolent person from the beginning. If any corpse seen by him, his heart pelipitated like deer's eyes. To avert the death, He tried so many ways. He tried Louis Khhne books. Louis Kuhne wrote somany books on "Diagnosis of the state of disease and New Science of Healing published on 1897. It seems that he had tried and not satisfied with that treatment also. After all these events C.V.V. joined in the Theosophical Society. He became a inner circle member. Their theory also referred to astral body only but not for physical. Their theory also not given the satisfactory answer to C.V.V. He came out of the Theosophical Society and he thought to start a New Yoga, different from all Yogas. All yogas and all societies are running in one path, Master CVV Yoga is running in another path.

He started first with his Grand Father, Father, First wife, first wife son and his close friend S.Sundaram. He started the practice. One day 'Mahatma' i.e. One Point appeared before him. If you obey my instructions, I will give the powers to prevent the death. Happily he accepted the offer. Mahatma gave the following :- You should practice as per my wishes and my biddings, following my rules and regulations and instructions with pure heart, with deligent faith, with implicit obedience, without flaw. The practice should be done uninterruptedly. I will give you necessary instructions for your daily progress to achieve this goal.

If you fail to obey my instructions, I will withdraw my promise. Then what will be your fate? Think over. C.V.V. accepted his biddings, commenced with the above members.

After some days, the first wife left her physical. The death of first wife gave a severe shock to Him. To continue

the process of this Yoga, wife is essential. The first half of creation theory is to be experienced through wife only. To experience that and fulfill his desire (to conquer the death), he married second time.

He ... experienced the Creation theory, but the child left his physical. From that date, he vigourously tried his level best to establish the Human Body as eternal one on this Earth. He pressed the Mahatma, why these are all happened ? There was no reply from Him.

The prana supplied by Mahatma was temporarily restored his son's life but not permanently. When temporary prolongation of life experienced by CVV, He thought that permanent restoration of life also possible on this Earth. With that hope, he continued his practice and he cured so many diseases. The lives of so many people were saved by the reverd and worshipful Master CVV.

"This is a Society enabling all to enjoy all the Siddhis, obtainable by Yoga, in this physical body and in full consciousness state. I have given you directions, symbolic ways for your development. You must try to learn the meaning of these symbols and then question me, if you have any doubts. For example, a doctor may prescribe a medicine in the symbolic style "mix up 5, 9 and 7". You cannot write the above numbers in water and give it as the medicine".

The Mahatma gave the Master all in symbolic ways as aforesaid. If any difficulty arises, he used to consult Mahatma to get over this hurdle. He gives a temporary adjustment to overcome that. In the same way, whenever difficulty arises, He consulted the Mahatma. He gave so many symbolic ways for each medium development. According to their practice development, higher and higher adjustments were despatched by the Mahatma. After the practice, as per the orders of the Mahatma the Progress observed with one another. Sometimes it works in some one, it may not work in some one. After rectification, the next higher regulations was given to the mediums.

The Planets, Rishis, Devathas, Nakshtrams etc. are controlling the Earth and human bodies. They are very powerful. Master thought they must be regulated first, then Earth and Human body. Before that, it is highly impossible to establish the eternity for the human body. Therefore, He regulated all the above and gave Horn Cover to the Earth. The purpose of 'Horn Cover' is to prevent the Earth from collapse.

In 1930s and 1940s, the average human life was around 30 to 40 years. Now-a-days, the average age of human life gone up to 60 to 70 years. It shows the "View" of the Master's is working on the Earth.

In this Yoga 'thought power' is essential and 'inner observation' is most essential. Without these two no one can get any salvation. Master said, "mere throwing of sounds won't help you". As far as our knowledge goes, no one is observing the utmost important points. For 'inner observation', they must sit atleast for 45 minutes in one sitting. It is not strictly followed. All are sitting 2 to 10 minutes practice, then they are uttering the adjustment names, or Course names what they are thinking, seeing the otherswritings.

We do not know ourselves where we are standing? What is our capacity? Without knowing this, all are giving the course names to statisfy others. If a course is given, he must know how far it is acting on others body. Without knowing this all are blindly practicing.

At the time of joining Master used to take tests of a medium about his previous births etc., his development. Then only he is giving the suitable name from where he is to be uplifted. That He alone knows. Now-a-days course names giving persons does not know even their own development in his previous births. Such persons are giving the courses.

TEST ON PRABHAKARA SASTRI BY C.R. 23-6-1916. 9.17.A.M.

Boring No.2. Breething No. 31. From 11.9.13. By Planet Sukra in its Rey during its breething 41.

The figure appears in its own natural colour and with a little healthy constitution in erect sitting posture with smiling face. His pineal gland is greenish and is marked by 2 diagonally passing yellow lines. It is often suppressed by a strong vapour emanating from Hithu portion with green mixed yellow tint and rose border with a such force as to cause sudden shaking to the penial gland and this occurs occassionally. A Rainbow coloured light with a candle flame - like light in the middle which is internally pierced by white sparks which emanate upwards to come from his Paranirvanic centre. His Hithu is not yet formed. His whole skeleton is not yet condensed and is yet dim white in colour and flexible.

Two sets of wasted nerves of sympathetic chains with fever Ganglia at the neck portion unevenly distributed and the whole spinal nerves with such growths as to appear to be temporarily wasted from natural condition. The Ganglia at mental and astral are also very unevenly distributed and very small in size. The chief centre of the nervous system at the Medulla has some of its Epithelial cells at the Motor Generating Centre, by the radiation of the above mentioned vapour from Hithu, has semi-paralysed and displaced from their original position. Hence it has lost all its sensory and motor control over the whole body, which has more of sensory portion in actual work than of motor by the above wastage and has become very sensible to all kinds of vibrations and when affected by any sort of mental anxiety of thought working, it upsets the whole system causing a melting at the chief nervous centre which causes a shaking throughout the main system producing temporary giddiness, semi-unconscious state, fear and failure of auditory and optic nerves and he losses all control of thought and becomes as if a new man. During such hours which continues for a short period only but occurs very often. It makes him unfit for any work and even for taking his meals and thus a feeling apprehension prevails and he thinks his life is a burden and is in a position not knowing how to act. By this nervous debility, heaviness at chest, and hard breathing, improper circulation and hence weakness and indigestion even in

ordinary meals are caused. By the failure of motor nerves on the muscular walls of the stomach, bile is produced in large quantity and constipation is caused.

Urine too will be uneven in quantity and number varying from a larger number even to less than minimum.

This effect will also cause pain and swelling in the seed nerves also causing much anxiety and unbearable condition.

The interior of his Spinal Column is filled with yellow tinged semi liquid mucus.

This soul is an ordinary type of the first sort and has passed 1731 births and is in the ladder of acquiring Gnana with Bhakti and though studied much in this birth and able to argue in bits in Philosophy, he has no practical knowledge of any theories nor does he like to go in for any. He was a prey to his present disease for the last 3 years which has grown up very gradually, and he was seeking relief for his complaint at this stage being informed of the existence and curative power of this society; he was advised to seek help here which only can give him remedy and with this idea he was brought up here. From this first idea the second thought extended that after being relieved from his ailments and seeing the result to request afterwards if there is any way for salvation. With this idea, he joined the society and if he finds any relief even minutely, he will work with faith and will follow instructions.

The astral is obedient and promises to obey commands. About 1/8 horse power is less at present to horse power and the rate of vibrations is 50 per minute. Temperature of the body under normal condition is 98.6. Corresponding Chillness is 79.

He must be advised to continue practice for one month as per Master's personal instructions and after seeing the result to get advice either to continue practice or to undergo treatment. Let him be advised after he reaches his place to use Conjee prepared with rice, and green gram mixed with milk and sugar after taking early bath before 6 A.M. and then to commence practice.

At evenings if he finds it convenient to bathe, let him bathe and do the practice. Let him try to avoid coffee and substitute Roa Conjee or any other drink for tiffin.

Let him take more quantity of ghee & curd; and milk food at night. About vegetables and other diets, let him adhere according to his desire and taste "

At the time of joining Master use to take declaration form from the new commers who wishes to join in this Society. For example, we are giving the declaration form submitted by Elizabeth Sharp, Lumbdi, Viathnam, Medium No.587. After taking the declaration, He used to initiate the new commer.

DECLARATION.

To, **THE MOST REVERED MASTER, 587**
OF THE YOGA SCHOOL, KUMBAKONAM.

I, a disciple of the above **YOGA SCHOOL**, beg to state that I on my own accord do hereby declare that I will under any circumstances practise for a period of ten years from the date of my enlistment without any break and abide by the rules and instructions of the above School given for my guidance and development. *with God's help, knowing how willing the spirit, & weak the flesh!*

I also declare that I shall not vainly argue or confuse myself by comparing the teachings of other schools of philosophy with the principles of this **YOGA SCHOOL**. And I will not at any time join any other rival School and will not abuse or work against the interests of this School.

With the above declaration I affix my signature hereunder.

Date. *Jan 11 - 17.*

Signature..... *Elizabeth Sharp*

Name..... *E. Sharpe*

Address..... *Lumbdi - Kathiawan*

On 17.12.1917 Master sent a supplementary instructions. In that He mentioned as follows:- "It is an established fact that by the method of Yoga alone one can attain salvation.... By various courses, by the changes of rules and in the consequent failure to encourage and support, this development of such beginners, a corrupted form has come to the present time".

The Master felt the corrupted form came to the old theory. Unfortunately, the same corrupted form came into existence to his own yoga after the physical disappearance of Master CVV. It is a very pitiable thing.

Master said like this in 'Pillar Test' on 20.8.1917, "No one can obtain knowledge and become free from death as soon as he enters these premises, by making promises and signing declarations, one cannot develop oneself. You must declare to-day that you will practice with obedience and without fail or you will leave the Yoga School."

If any one got deligent faith on Master, they may practice, otherwise, they may leave the Yoga as per Master CVV wishes.

In the 'Independence Declaration', the Master explained the previous theories. In the last, he said, "some others say that the personified Lord limited in shape and form has created this 'Universe' as a sport for Him. And when we think about what other say we get a doubt as to which should be followed..... to determine our future by realising our present stage and perceiving the secrets of Creation? Will it be wise to try religion after religion without any practical experience?"

This Society is started for the above reason with the object of making all human beings without any exception to realise the Lord within this physical body, through wisdom revealed by Kundalini in a conscious state and make them adepts by enabling them to clear their doubts through internal interpellations".

It is very clear that practical experience is very essential to realise this as per the above version.

"We must debate ourselves why we are born? how many births yet to be taken? what is the goal of all this and why and how our children are borned through us ?

What is this ? Why have we come here ? What are we intended to do ? What are we to do ?

To know this "inner observation" is essential. For this to train a disciple, procedure of practice is given on 1.7.1910 as follows:-

" The structure of the bodily functions which you adopt to get the power of One, not only by means of developing the system with an intuition but also to clear the dirt in your body.

So, the first thing to adopt to the thing what you now are practising in punctual attendance as time table drawn back to your motive that motive shall be utilised to sweep or get rid of the dirt in the body only by means of bodily process treatments and by what means you do such wonders to see by your own self. As the principle being the self doing principle to treat the patient to the height of one and to get remedy to that patient of one. In this case you stand in both means treating with prescriptions and taking medicines your own self. So in the same manner put the matter and the manners of principles to be framed in the same form, to obey the time table as to the subject you adopt in regular attendance with a regulator you use at that time.

Cleaning process of the body should be done by you to clean yourself yourself-controlling power who supporting the body, even though in other words you order the servants to do such action for the house. But not in this case. As your body being built by the vibration of thoughts to develop to the unknown One, and as such you are in duty bound to swallow such honey like ideas to adopt.

.*. Firstly adopt cleaning process to your whole body then go to upstairs to divert the dirt and then see the news in

windows and verandahs. If you subject yourself to go round with these calmness of inner ideas you must know that you must have a determination, that you are going to visit One, by what means you to resolve, that resolving power being One.

After visiting yourself those windows then culture your mind how they are built. The thought power which you are going to be utilised as best use that being the principles to adopt such finer notions, in this process, however your thought power may be leaning aside, any how it should be placed in the right side to work punctually by what means. You give that notion to change the same power will act thus. None of the men or no man or say, no rule or rules, as per which you to frame yourself to utilise others.

No man has empowered to do same by ownself as men would do assistances in other cases. None of them could be able to do such wonders.

In the stair case you see how they are built. Then you go to the such points, which will be utilised to the inner subjects. Then you solve the problem. The Brick-layers shown as iron construction makes you to develop the bodily functions, even though the shape or the view not permanent like as houses, why because as the same having been utilised as Drama in act, who having got the power to use to talk, to view, to develops to the height. Such powers have not given to re-mind an upstairs building.

The stair case you walk to, to the upstairs or down stairs you to inspect the ventilation you get by the universe. How you scent that breathing on the point where you meet the entrance gate of leaving room, specially to enter the open air to your body. Then step another step inspecting the functions of working the inner thread-like portions. Then go to the entrance gate to enter to the Hall. Observe how they are shown to you when you determine yourself to enter to that plane in practice. Then observe the Hall how they are changing in seconds or and in minutes into different colors.

The roof you see there having been built with iron bars to note in one side and in another way it seems a tender like plantain covers the head, who is giving to the body a pleasant air. In the entrance gate to reach the mental, you observe a shaking process, is going on in your body. From that shaking process, a thunderlike vibration will meet you to divert your attention to that side. To follow the same. Observe the roof and the construction of the roof, the size, the fashion, the remuneration from them, ventilation, pictures, white washing, photos, articles, worth, liberation from that, generosity, charity, development in punctual attendance, change, thought power, will-power, undergoing principles, accruing process, development of the system, culturing your development obtain Resolution development to the knowledge and the process is going on to visit the Deluding One. By what work you work these principles the same principle will be utilised to that one who even may be unknown with these affairs, shall be developed to reach that system, by which the system you satisfying your own thoughts you culture your construction to that limit of to see that wonder. "

Therefore, we request all Yoga Friends to go through with purified heart and obey the injunctions given by the MASTER and have His Blessings.

The whole Badarla Family of Vijayawada got immense faith on the Master's Yoga Line. Particularly Sri B.Devadass, Proprietor of Master's offset printers, Vijayawada, gave us full support to carry this Volume to your hands. We have supplied full materials to the Press, without taking any remuneration, he carried out the work without any hesitation. We are very much thankful to him and his family and also to his workers who worked hard day and night to bring this Volume within a period of 7 days. The Master will shower His blessings on them with Good health and wealth. We hope that he will show the same kind of enthusiasm and full co-operation for other publications also.

We are also thankful to Sri P.Erukalaiah, Proprietor of Master Book Centre, Tirupati, who supplied the typing materials. May the Master shower His blessings on him and his family with Health and Wealth.

We are very much thankful to the Yoga friends who generously contributed their mite to bring this volume. Their contributions are also included for the expenses of this volume. They are:-

1. Sri Y.Umapathi garu, Hyderabad.
2. Sri U. Narasimha Yogi, Vijayawada.
3. Sri M.Veera Reddy, Gudipadu.
4. Sri Koorapati Balarama Raju, Mangalagiri.
5. Sri V.R.L.N.Singh, Tirupati.
6. Sri M.Balaramaiah Chetty, Tirupati.
7. Sri G.V.S.Prasad, Tirupati.
8. Sri P.V.Punnaiah (late) Pachalatadiparru collected Rs.16,000/- and gave a D.D.bearing No. was sent to me by his son P.S.Chowdary garu.

May the Master shower His blessings on the above contributors with good health and wealth.

The Cover Page design artist Sri *BabjiMK* also co-operated and gave the title page at a short period within a day. May the Master bless him.

We have fixed the price of this Volume for Rs.150/- even though it is less. Our moto is 'no loss and no gain'.

If there may be any mistakes in typing and writing in Preface, we may be pardoned and excused.

Released on 3-8-1993 the 126th Birthday of Revered Worshipful Master C.V.V.

A. V. SRINIVASACHARYULU,
Sri Prabhakaramitra Mandali,
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Dear Yoga Friends,

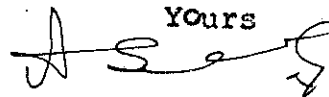
You are really interested to know the true principles of MASTER CVV's YOGA. We request you to go through this "MASTER'S DIARIES VOLUME" leaving your false notions with purified heart, deligent faith and with utmost devotion, wash your hands and heart with purified blood without preoccupied mind.

Then only you will be able to know some what little about YOGA, otherwise you need not think of this YOGA DAIRY.

Once again we request you, after studying this Book, you may note your doubts in a seperate note book and try to get answers through inner observation, even though it is not visible to you then write to us, we will pool all the questions and we will try to give a reply according to Masters Notes etc., in next volume.

Regarding YOGA practise questions only will be replied, other matters will not be replied. Personal replies can not be given.

Yours



3-8-1993

A.V. శ్రీనివాసాచార్యులు (శ్రీనివాస)

(A.V. SRINIVASA CHARYULU).