



Waste Chinnadani.

IV

# **BHRIKTHA RAHITA THARAKA**

## **RAJA YOGA (NEW YOGA)**

### **DIARIES OF MASTER C.V.V.**

**(RULES, REGULATIONS AND INSTRUCTIONS)**

*Published by*

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Specimen Handwriting of Master C.V.V.

Aug 21<sup>st</sup> 19. Th.

C.V.V

C.V.

7. du selg winding each second and studies the chain.

8. Stairs 60 by selg in one minute.

also 60 springs each followed by chain

Notes - Burton by next call. C.V will not leave the pressure too let me wake up.

Calla

9. 20 P.M.



V. Prabhakaradas