

and do the practice. Let him try to avoid coffee and substitute Rava Conjee or any other drink for tiffin.

Let him take more quantity of ghee & curd; and milk food at night. About vegetables and other diets, let him adhere according to his desire and taste.

At the time of joining Master use to take declaration form from the new comers who wishes to join in this Society. For example, we are giving the declaration form submitted by Elizabeth Sharp, Iumbdi, Viathnam, Medium No.587. After taking the declaration, He used to initiate the new comer.

(See the photograph)

ABOUT COVER PAGE

We have designed the cover page on the Mahatma's Letters and Master's Notes.

The Mahatma and Master said the following lines.

"This touch conception of Mahatma's in Himalayan side i.e. North (Master's Notes Vol.2 page 40, DT. 28.11.1920)
25.11.1910 - Kumbakonam
For my petition to S.R.

S.R. also advises you all to take apology in petition-like form to discuss and to prove particles to the tube attached to him, so you are to be advised by S.R. for this. Excuse me for that notion to take apology as written statement to deliver at once.

Pupil is ready to pour and pass the informations through tube. I also take thankful notions from you for troubles you have.

ONE POINT

01.10.1910- 9.45 p.m. - Kumbakonam
Only by means of currents and who having been decided in the Aura room, where the Aura compartment having been filled up for this sake. The pipe the question ran off to the room to pick out the answer and the answer pours in the pipe.

M.T.A.

In the cover page we have shown Himalayas and Mahatma MTA and AURA tube which were mentioned in the above letters. The Master's body is in lime fruit colour according to Sri Prabhakara Sastri's version. AURA is in raising sun colour is mentioned in

Sastras. Sky is marked as sky colour. Himalayas are marked in white colour, MTA is marked as white cloth and white upper cloth according to MTA version. As far as possible we tried our level best to do justice to One Point, Mahatma MTA, Master and Sadhakas. If any mistakes are found they belong to us.

Our Guru Sri Sastriji tried his level best to go through the Master's literature, he being a disciple of Master C.V.V. It seems that he wrote a letter to Gurudev Sri Potharaju Narasimham garu, Medium No.123 of Madras on 07.09.1947. For that Sri P. Narasimham garu replied as follows.

"Kameswari" Taylor's Estate
Akbarabad, Madras.
Dt. 09.09.1949.

My Dear Friend,

I received your postcard dt. 7th instant. Sri Venkataramana Rao handed over a letter to me whom you have written. As desired by you I have written some important information, which I remember, that is written in Telugu as discussed with Master.

When you happen to come over here, I will give you and we will discuss the matter. I have not written any other notes when C.V.V. teaches. I am having his Diaries and Course Names etc. Master ordered not to read. Therefore I won't allow any one to see it. Why the literature came to my hands I don't know, I have carefully preserved it. When are you coming here? I am not having any peace of mind in house and bodily. I am not able to do anything; body is not in hale and healthy. Mind is also disturbing. Even memory is also less.

To listen
Sd. P. Narasimham

To
Sri Veturi Prabhakara Sastri garu
Tirupati

(original in Telugu)
(See the photograph)
After Guruji's (Sri Sastri) death the Prabhakara Mitra Mandali collected materials from his close associates to publish Pragna Prabhakaram 2nd part for that Gurudev Sri P. Narasimham garu written an article in Telugu and

send it to us. In that this is the 4th paragraph.

"When I was in Madras, as per the instructions of Master I used to go to Kumbakonam oftenly. I used to hear the Yoga subjects from Sri Master C.V.V. and Sri S.Narayana Iyer. I never gave importance or interest in the Yoga at that time. Now I am repenting for the indifference at that time, it is on account of lack of knowledge. Sri Master asked me several times to sit near Him and hear and note down the important notes. I deaf-heard Master wordings at that time. Master informed gradually knows the wordings of the importance of Yoga and will reveal in due course. To whom which how much he procured that much only he received. We must know so many important things, for that I neglected at that time now what is the use of repenting now?"

Sd /-P.Narasimham
1952.

(Original in Telugu)

Gurudev Sri P.Narasimham garu
wrote a letter to our Gurudev Sri

Veturi Prabhakara Sastri garu on
12.07.1949 as follows.

"Kameswari" Taylor's Estate
Akbarabad, P.O. Madras
Dt. 12.07.1949.

My Dear Friend,

I received your kind letter. I believe that you will succeed in your attempt. What you have to know through me, we will discuss the same when you happen to be here. If you write a letter when you are going to come over here. I will meet you in your residence. So far I have not get any experience through our Yoga. Moreover my wife and myself are suffering with so many difficulties (i.e. diseases). We are taking some treatments. I do not know the future. If we see the present stage, I think that we are not going to come out from these difficulties. I have also told the same to Smt.Venkamma garu. If any one stands as proof to our Yoga then we will declare ourselves as proofs. According to your prediction after lapse of 40 years we get a way. Awaiting your arrival.

Yours friend,
Sd/- P.Narasimham
Recently one viz., Gali Balasunda-
ra Rao came to see me on your
advice.

Sd/- P.N.
(Original in Telugu)
(See the photograph)

We are giving the following
letters written by Mahatma to
Mediums on 01.07.1910, 20.10.1910,
25.12.1910, 20.08.1917 & 17.12.1917
Independence Declaration

01.07.1910 - 5.20 p.m. Kumbakonam
Ways are being paved to give
all wisdom during family life
itself without discarding it, to
be without disease, old age and
death. Not only we but also those
who are closely associated with us
will enjoy these fruits.

M.T.A.
20.10.1910 5 p.m. Kumbakonam
SPECIAL

That the members of my
society will live very happily and
their difficulties will be driven
out early.

M.T.A.
25.12.1910 2.30 p.m. Kumbakonam

I have given that today to
understand all on a sudden that
the practice makes perfect cure of
developing their senses to
encourage themselves to the
foreign line according to their
developments:

M.T.A.

Pillar Test
20.08.1917 Kumbakonam

The uneducated are working
generally, faithfully and the
educated ones are lacking in
faith. The first develop and the
later are obstructed and their
development is yet to begin.

I have prepared the records
of my experience in my development
and when no one has time to
practice, how can you spare time
to look into my records and learn
what they contain?"

M.T.A.

Supplementary instructions
17.12.1917 Kumbakonam

Now, the present Yoga which
you are lucky to enjoy is quite
different from the old and
teachings the methods of first
preserving this physical cage fro

any sort of decay by the pressure of the planets and to observe in full consciousness the daily workings in your physical system and to gain all knowledge little by little in physical consciousness. All the highest powers and siddhis ever craved for in the old yogas are also obtained by this practice and something more which has been never dreamt of i.e., the upkeep of this physical system in the consciousness without decay.

M.T.A.

According to the above letters the practice Medium should live "Without disease, old age and death. Not only we but also those who are closely associated with us will enjoy these fruits." "Members of my society will live very happily and thus difficulties will be driven out early". "Practice makes perfect". "First preserving the physical cage from any sort of decay by the pressure of planets and to observe in full consciousness and daily working in your physical system and to gain

all knowledge little by little in physical consciousness".

The above wordings shows that Sri Potharaju Narasimham garu was not practiced properly. The letter of Sri P.Narasimham dt.12.07.1949 says, "I have no experience till to day." He has joined the yoga on 30.01.1914. It amounts 35 years has lapsed. But he has not gained any things through yoga.

He himself written an article to Pragna Prabhakaram part II in that he said "I never gave importance or interest in the yoga at that time. Now I am repenting for the indifference at that time. On account of lack of knowledge Sri Master C.V.V. asked me to sit near Him and hear and note down the important notes. I deaf-heard Master words at that time".

It shows he has no interest and more over indifference in the yoga. Therefore he suffered a lot.

In Pillar Test MTA informed as follows. "The uneducated are working generally faithfully and the educated ones are lacking in faith." The wordings of MTA became real truth in the case of Sri

P.Narasimham garu. Lastly we are bringing the following for your guidance. The MTA said in Pillar Test "I am prepared the records of my experience in my development and no one has time to practice, how can you spare time to look in to records and learn what they contain ?."

It shows that the personal experience records are to be read by each and every medium and get development through the readings. Such is the case, Sri P.Narasimham garu wrote a letter to Sri Sastriji on 9.9.1949 stating that "the Master ordered not to read the notes and diaries". It seems that he has not properly understood the Pillar Test and other literature of Master. It is a pitiable thing.

Our Gurudev Sri K.Vaidyanatha Iyer, Medium No.55 joined yoga on 29.04.1913, when working as Lecturer in Mathematics in Govt. College, Kumbakonam and later worked as Professor of Mathematics, Sri Venkateswara University, Tirupati, told us on May call i.e. during 1958, "we the

educated people with ego never cared the words of the Master. We use to talk after all Master is studied only F.A. (Inter--mediate). We studied higher than Him (Master) i.e. post-graduation. Therefore, we never developed. Now I am astonished to see the gathering here and the experiences of the Sadhakas are very wonderful. Now I am repenting for the past. What is the use now? Atleast hereafter I will continue the practice and I will attend on Sundays".

Some of the ignorant people tell that Sri P.Narasimham stands as an example person (Aadarsa purusha) to this yoga without knowing the facts and figures.

Now a days believing the words of ignorant people new comers are going in confusion and they are misleading on account of these wordings. We earnestly request the new comers be careful, do not hear such ignorant people wordings. If you are going to hear their wordings you would not get any development in this yoga.

ABOUT PRINTING OF MASTER'S LITERATURE

When Prabhakara Mitra Mandalai published Master's Notes and Diaries there were so many criticisms from the Yoga Friends. They were criticized ignorantly, unknowingly the Mahatma's, and Master's views. We pity them. We are giving the following paragraphs from Mahatma's Letters. Readers are requested to go through these letters and know the truth.

Mahatma's views are that the books should be published for "bringing the society to a flourishing state by means of spreading the news to the world without the least concerned." The books are "useful to yourself i.e. Master C.V.V. and for the public i.e. Mediums only." The purpose of publication of books, instructions, rules and regulations are to be given to the Yoga Sadhakas to follow the same strictly. It seems that there are editorial members for the publication.

16.11.1910-7.30 p.m. Kumbakonam

As per suggestions suggested between you mediums and decided by you all in one in order to bring the society (my society) to a flourishing state by means of spreading the news to the world without the least concern of my colleague's society.

That all of them may guide themselves to be useful to yourself and for the public.

The another medium should work to develop his brain, knowledge and to culture by suggestions referred to in many say different books and to publish a separate book say according to my views and suggestions.

M.T.A.

25.11.1910 - Kumbakonam
Master of F. Society
Enlisted by M.T.A.

Sirs,
When I am being the point One, who has operated all in the book-like form to instruct you through my messenger of editorial members as Rishis and Mahatmas form but, in this critic, I have to discuss this my editorial, who

created me for shining in this world.

FOR YOUR SOCIETY WORTHY
POINT ONE

Camp Kumbakonam

26.12.1910 5.35 p.m. Kumbakonam

Ask Sreenivasan medium to work out the principle which we adopted now for the use of picking the records from the mental and gradually from the Buddhic for taking out the informations for the publishing the instructions which I am going to give him in course of time. Let him have the consolation of mind before he begins to do.

M.T.A.

ABOUT TREATMENTS

The Master started Yoga to eradicate the chronic diseases and to rectify the defects committed by the doctors also.

1. At the time of joining each and every medium has to give application form duly filled in.

The Proforma of the Application.

Yoga School: Kumbhakonam,
Name and Address, Caste, Age, Sex,
Breathing No., Subscription Rs.
Date of Initiation, Link, Practice
and Ailment. The application
written by Master is available
with us.

After noting the ailments, He used to give treatment. Depending upon results, He developed the Mediums according to the instructions of Origin. The above Note Book written by Master, noting each and everything about treatment and the same is also available with us.

In the Mahatma's Letters and the Diary of Master too, lot of information is available regarding treatment in every page. In that Master C.V.V. gave treatment to the Heart ailment, Cancer, Leprosy, Epilepsy, Fever, Constipation, Nervous, weakness, Rachakuru, Ring Worms, Stomach pain, Arthritis, Karmic diseases etc.

He has also maintained book for the treatment naming "Treatment Book". Refer M.L. page No.

588-592 and Diary page No.205 to 238.

Master admitted patients at Kumbakonam Yoga School as in patients for treatment and cured thereby the information relating to the treatment was also written in the Diary. Reference page No.208 & 209. The patients admitted on 12.12.1915 and discharged on 13.12.1915.

Even distant patients i.e. Madras and other places are also treated by Master from Kumbakonam fixing a time if they are absent in the middle of treatment. Refer page No.206 of the Diary.

If you go through the Diary, you may get good number of information with regard to treatment. The above is sample one.

Some of the Mediums treating the patients at their residence duly practicing prayer.

M.T.A. ordered as follows on 05.12.1916.

1. For two years treatment line is suspended and don't promise anybody to rectify. (Refer Page No.222

& 224 of the Diary
dt.20.12.1916)

Immediately on 9.12.1916 M.T.A

instructed as follows:

"standing posture for chronic diseases. Advice to Mediums from today to do the fourth process both morning and evening with a thought to relieve the Chronic disease in the system". Refer page No.222 of the Diary.

In the same manner, M.T.A. instructed Mediums immediately that he is changing his views because He said in one place "that everybody in the line of Yoga should work on humanitarian grounds". (Refer page No.M.I.607).

Keeping the same, M.T.A. might have changed his views.

Master treated the outside patients through Telegrams also. Refer page No.216 of the Diary.

On 24.6.1910 Mahatma gave the following Lectures.

"Remedy from the incurable disease of past Karma actions, feelings; all the pain and causes of the pains were driven out only with the aid of principles of

practicing principles. This would be wonder to public". (Refer Mahatma Letters page 153, Diary page 194

Master treated Mrs. Anne Beasant heart ailment through his spouse astral. This has been done through the Astral of his spouse to contact the Astral of Anne Beasant for relief of heart ailment and further information can be had from Mrs. Beasant Astral. Refer Mahatma Letters Page No. 228 & 260.

For the treatment process, one must have to control the Astral the patients Astral thereby he can cure the disease of others with the consent of self Astral and patient Astral, only the disease will be cured. For this Mahatmas letters and Master C.V.V's Diary published by Prabhakara Mitra Mandali in English may find number of examples.

Master recorded the 60 (sixty) Breathing Principles instead of 64 in his Diary. He has referred the breathings in

consonance with the diseases and the number of breathings will cure the diseases. The sixty breathings refers to the diseases and its curability. General Advice for treatment has also given by Master. Refer Page No. 201 to 239 of Diary Dt. 20.11.1915 to 15.6.1917.

Master said in the Diary Page No. 195 as follows:

"Each Medium is selected to attend certain diseases according to their capacity" dt. 26.10.1915.

In another place on 14.10.1910 at 3 P.M. (refer Page 251 of M.L.) Mahatma informed, "the gradual increase of your development will show by means of showing authentic expressions recouping to your brain causing treatment to patients".

If any sadhaka going to treat the patient, the patients ailment must be beared by the Sadhaka. (Refer page No. 446 of M.L.).

If ignorant and unworthy people gets any disease they are writing letter to other for the treatment.

Without knowing all these things, some ignorant and unworthy people are unfit to do practice according to the principles of Bhruktā Rahitha Taraka Raja Yoga. Such people are saying that the "Yoga is not meant for treatment purpose". They are not developed and don't know the line of treatment and its principle and behaving in jealously manner and propogating against Prabhakara Mitra Mandali and A.V.Srinivasa---charyulu, Tirupati.

These unworthy people shall be maintained at a distance and shall never be allowed to be near the sadhakas of Yoga.

One must realise the importance of the treatment stipulated by Master C.V.V. in his Bhruktā Rahitha Taraka Raja Yoga and know the truth.

ABOUT COURSES

In Swetavaraḥa Kalpa Swayam Bhuva etc. six Manus time lapsed. Now in seventh Valvaswata Manvantare 27 Maha Yugas lapsed. Now present Kaliyuga is the 28th. In every Mahayuga one Vishnu, one Siva, one Brahma were existed. All

these triples and the earth and other things were created by the "Creator". So far who is the Creator is not known to the world.

In every creation every living man or animal or tree or atoms are trying to live eternally. But they don't know the way how to live eternally. They are thinking and dying.

Master C.V.V. born from higher sources. He has not borned under the influence of planetary forces.

From the beginning the Masters atom wants to establish eternity for the whole human beings living in cosmos from 4319870 years. From that date to 4.8.1868.

One day the Creator i.e., Origin sent the message through M.T.A. "If C.V.V. is going to obey my orders, rules and regulations, I will give him power to stop the soul without decay". He i.e., C.V.V. gladly accepted the Message and started the practice.

After sometime so many human beings are eagerly came to join in the Yoga School. If anyone comes

to join, his previous experience and previous sins are revealed to C.V.V. by the Origin. The Origin instructed the Master to develop them giving the following courses dictated by me. Accordingly he obeyed the One Point orders and developed the new comers.

Our Gurudev Sri C.Radhakri--shna Pillai Medium No.26 joined on 28.05.1911. From 30.01.1914, 9.18 p.m. he started taking the test on new comers. One Point despatches the instructions through M.T.A. to Radhakrishna Pillai. What he received he reads as a text.

Our Gurudev Sri D.Mahadeva Iyer, Medium No.176 joined on 24.06.1914. After joining he used to write the test reports read by Sri C.Radhakrishna Pillai.

As per the orders of the Creator he gave different courses for different peoples in different timings. He has not given all the courses to all the mediums. He gave one person Auri 1st name and to another person Merchary 4 to some other person Order 2nd name in

this fashion he gave nearly forty to fifty courses.

Some courses for the personal development of Master C.V.V., some courses are meant for the personal development of Mediums, some courses are meant for the outer progress i.e. Cosmos progress. For the development of Master's Own Adjustment.

After this he thought the Planets, Rishies, Devathas etc. are controlling the Cosmos. Therefore, they must be controlled. Thinking that he gave some courses to control the above.

Some of the courses are to be done in standing posture, some of the courses are to be done in sitting posture, some of the courses in lying posture. As per the instructions of the Origin, he instructed the Mediums to do the same as per the above rule.

Some courses are in dark place, some courses in lighting, some courses in open place as per the orders of the One Point have been practiced.

He has given to some mediums complete course, to some main

