

WARNING

All the yoga sadhakas are requested to be "Generous hearted and Sympathetic hearts of unanimous consideration" as per MTA version. In this Yóga "thought power is essential and inner observation is most essential, without these two no one can get any salvation". Leave off your false notions and try to come to the Master's path and do the practice i.e. meditation with concentration and inner observation and get development and conquer the death.
MTA

Mere throwing sounds won't help you. You should not satisfy with sounds. MTA. Therefore, all are requested to stop practicing the courses, regulations etc.

Don't give room for undeveloped and unworthy people's wordings. If you hear and follow their wordings, you wouldn't develop, cure from diseases and conquer the death up to the expectations of the Master.